



26th Annual Ghost and Goblin Invitational

Hosted by: Flyaways Booster Club

Meet Location: Forest Lake High School Field House
6101 Scandia Trail N, Forest Lake, MN 55025

Saturday, October 26th

Session 1 - 72 Gymnasts		XB, XS
7:45 AM	Registration	
8:00-8:20	Open Stretch	
8:20-8:30	March-In	
8:30-8:45	Flight A W-Up	
8:45-10:30	Competition	
10:30-10:45	Dance & Costume Contest	
10:45 AM	Awards	

Flyaways, NBACE, Flyaways North

Sunday, October 27th

Session 6 - 91 Gymnasts		Level 4
7:45 AM	Registration	
8:00-8:20	Open Stretch	
8:20-8:30	March-In	
8:30-8:45	Flight A W-Up	
8:45-10:45	Competition	
10:45-11:00	Dance & Costume Contest	
11:00 AM	Awards	

Flyaways, Jam Hops, Lake Area, TCT
Laketown, MHG, NSGA, Roseville

Saturday, October 26th

Session 2 - 80 Gymnasts		L3, XG, XP
10:45AM	Registration	
11:00-11:20	Open Stretch	
11:20-11:30	March-In	
11:30-11:45	Flight A W-Up	
11:45-2:00	Competition	
2:00-2:15	Dance & Costume Contest	
2:15 PM	Awards	

L3- Bemidi, Gleasons, Gym-Nation, Midwest
RGC, Northern Dreams
XG, XP- Flyaways North, Northern Dreams, NBACE

Sunday, October 27th

Session 7 - 78 Gymnasts		Level 3
11:00 AM	Registration	
11:15-11:35	Open Stretch	
11:35-11:45	March-In	
11:45-12:00	Flight A W-Up	
12:00-1:30	Competition	
1:30-1:45	Dance & Costume Contest	
1:45 PM	Awards	

Lake Area, Laketown, MHG
Jam Hops, NSGA, TCT

Saturday, October 26th

Session 3 - 92 Gymnasts		Level 4
2:15PM	Registration	
2:30-2:50	Open Stretch	
2:50-3:00	March-In	
3:00-3:15	Flight A W-Up	
3:15-5:15	Competition	
5:15-5:30	Dance & Costume Contest	
5:30 PM	Awards	

Bemidji, Gym-Nation, NBGC, Northern Dreams
Flips, Gleasons, Midwest, RGC, TAGS EP

Saturday, October 26th

Session 5 - 74 Gymnasts		Level 5
5:30 PM	Registration	
5:45-6:05	Open Stretch	
6:05-6:15	March-In	
6:15-6:30	Flight A W-Up	
6:30-8:30	Competition	
8:30-8:45	Dance & Costume Contest	
8:45 PM	Awards	

ALL LEVEL 5 TEAMS



* Clubs with teams over 10 gymnasts please be prepared with enough coaches to split. Thanks